

# MADE 4U News

Making a difference  
especially for you in ML2

MADE4U IN ML2

Newsletter of MADE4U IN ML2

Spring 2010



Anita Sandra Robert

## **Project Manager**

Anita Robinson joined us from Girls' Brigade last June working p/t. She will be responsible for the overall running of the project and coordinating all present and future activities.

## **Project Workers**

Sandra Fallon joined the team in March 2010 previously working with Motherwell College and the Focus Youth Project. Most of you will have met Robert Owen who has been with us for over a year. Both workers will be responsible for supporting and delivering our day to day activities offered by Made4u in ML2 to the local community.

## **News from the Board**

We trust that you will find our latest newsletter both interesting and informative. We are pleased to report that we now have a full compliment of staff with Project Manager Anita Robinson and Project Workers Sandra Fallon and Robert Owen on board. We have also recruited a new member to serve on the Board, Marlene Forbes, who became a Director representing the Session of Cambusnethan North Church. It is hoped that a similar appointment will be made by Cambusnethan Old & Morningside Parish Church in the not too distant future. We are still seeking candidates for the Board so if you think you can contribute to the running of the company and have skills in the following areas :- finance, law, admin, social work, management please contact Anita Robinson.

## **Developments**

### **Alternative Dance Group**

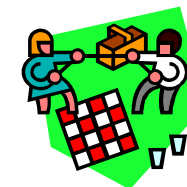
This group encourages adults with varying needs to express themselves through physical exercise. It is led by a professional dance teacher who is experienced at adapting the programme to meet the needs of the people who attend. Mondays 12pm in Cambusnethan Old Parish.

### **DofE Group(14+)**

Young people gain new skills, confidence and recognition while making a difference to other people's lives. Thursdays 7pm in Cambusnethan North.

### **Band Night**

Allowing young people to show case their talents while others have a safe place to hang out and have fun on a Saturday night. Next event on 22 May 2010 in Coltness Community Centre at 7pm.



## **Youth Club**

A Youth Club for 10-14 years meets in Lammermoor Primary School on Sunday Evenings 7-9pm. There are over 30 young people attend each week supported by 5 volunteers. The young people are involved in the North Lanarkshire Challenge giving them new skills, confidence and recognition in a fun, safe environment. A wide range of physical and craft activities are provided each week. The club offers parties, outings and fun days on a regular basis. A whopping amount of £600 was raised by the group through a bag packing day in Tesco and a grant of £200 from NLC helps Made4u in ML2 maintain this popular club. New members welcome.

## **Prayer for our Community:**

We pray for all in our community ... our neighbours, our friends, our families and ourselves.  
Enable us by your spirit to live together in love for one another.

## Hot News!!!

\*Provident Financial has awarded us a grant of £20,000 per annum over the next three years. This is of major importance to us and will assist in funding a number of future initiatives. We very much appreciate the faith that Provident Financial has shown towards our project and look forward to developing our partnership with them.

\*At this time, we are currently negotiating with NLC over the possible leasing of the former Nursery Property in Greenfield Drive, Cambusnethan. We have been trying to find a base for the Project, in the heart of the community, for for some time without success. We trust that we will be able to reach agreement with NLC in the near future.

## Schools

Robert works in partnership with Teachers and CLAD to deliver:-

XL programme, Citizen Group, Buddy and Mentoring programme, Seasons for Growth programme.

Coltness High and St Aidans

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## Volunteers

We are very fortunate to have 20 volunteers who give of their valuable time to support the activities of Made4u in ML2.

We now have a volunteer policy and Handbook in place which meets the needs of the project and the volunteer.

The following Training Opportunities have been offered by Made4u in ML2 to give all volunteers the necessary skills needed to fulfil their role:-

Induction Courses  
First Aid Course  
Food handling Certificate  
Handling Difficult Behaviour  
Seasons for Growth

The next Training on Planning & Evaluation will be held in Cambusnethan North Church on Tuesday 27 April 2010.

Anyone interested in joining the team please get in touch.

## OUR VISION

Working with young people, individuals and families to empower them to make their own positive lifestyle choices.

## Health4U in ML2

### Football

Cambusnethan Primary  
Wednesday  
6.00 – 7.30 pm 10 – 15 yrs  
7.30 – 9.00 pm 16 – 25 yrs

### Walking Group

Senior Citizen Hut  
Tuesday  
10.00 – 11.30am All ages

### Alternative Dance Group

Cambusnethan Old Parish  
Monday  
12.00 – 1.00pm All ages

### Fresh Start Programme

Cambusnethan Old Parish  
Thursday  
2.00 – 4.00pm All ages

Anyone wishing further details please contact Anita on 01698 384030 or 07791959445

## Your Thursday Club

About 45 folks come along on a Thursday afternoon to meet friends, keep active and learn something new. A wide variety of activities and a warm welcome always awaits you.  
Cambusnethan Old Parish.

## Contact us at:

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Touching Hearts



Transforming Lives

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## MADE4U IN ML2

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